

## **BEACH HAVEN BEACH PATROL 2012 LIFEGUARD IN TRAINING PROGRAM**

### **OBJECTIVES**

1. To enable young men and women to become familiar with and knowledgeable about the profession of lifeguarding.
2. To learn the ocean rescue techniques used by the Beach Haven Beach Patrol.
3. To educate individuals about ocean safety and the Borough of Beach Haven's beach regulations and ordinances.
4. To be introduced to CPR and First Aid.
5. TO HAVE FUN!!!

### **CLASS TIMES AND DATES**

Session #1 Monday, July 2 to Friday, July 20 - Weekdays from 9:00 AM - 12:00 Noon

Session #2 Monday, July 23 to Friday, August 10 - Weekdays from 9:00 AM - 12:00 Noon

Twenty applicants per session maximum. Participants meet at Centre Street Beach.

### **REQUIREMENTS**

1. Applicant must be 14 or 15 years old.
2. Applicant must be comfortable in the ocean, and be able to swim 50 yards (approximately two pool lengths) freestyle, without stopping, to be eligible.
3. Uniform will be provided.

### **QUESTIONS**

Email - [beachpatrol@beachhaven-nj.gov](mailto:beachpatrol@beachhaven-nj.gov)